Central North Volunteer Police Cadets Welcome Pack



"THE POLICE CADETS HAVE BEEN LIFE CHANGING FOR MY SON. HE STARTED IN YR 7 AT SECONDARY SCHOOL AND WE HAVEN'T LOOKED BACK 5 YEARS ON. HE HAS BEEN ON MANY AMAZING EXPEDITIONS AND HAS HAD INCREDIBLE EXPERIENCES. HE HAS LEARNED TO BE PART OF SOMETHING SPECIAL AND BE PROUD OF IT. THE SUPPORT, CARE AND COMMITMENT OF THE STAFF HAS BEEN INSPIRATIONAL

I THINK CADETS SHOULD BE COMPULSORY FOR ALL TEENAGERS. THEY LEARN NEW SKILLS, TEAMWORK, ACCEPTANCE DISCIPLINE, COURAGE AND PRIDE AND IF DEFINITELY BOOSTS THEIR SELF ESTEEM"

MRS STEPHENS – MOTHER OF OUR EX HEAD CADET

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Introduction from Central North Borough Com mander – Ch Supt Raj Kohli



Take a moment and re-read the introduction to this welcome pack written by Mrs Stephens, the mother of a former head cadet. Frankly speaking I am not sure I can say it better, but I will say the following. In all my years of being a police officer (nearly 28 years now) there are few more enjoyable, more interesting and more inspiring

soming into full functioning members of the wider police family.

Central North is one of the safest areas in London with less violence and crime than most places. Why is that? In a large part it is down to our cadets. When they go out and deliver crime prevention leaflets or going to shops to buy knives, alcohol and fireworks or being visible out in the community all these activities help make Central North one of the best places to live, work and socialise.

than seeing young people take those first tentative steps in becoming police cadets and then blos-

But more important than that it is how it will develop the individual cadet, setting you up for life, creating friends, memories and experiences you will never forget – whether it is D of E or first aid training you will not forget your time as a cadet.

Of course none of what has been achieved and what is about to be achieved will ever happen without the cadet leaders – a group of men and women who give everything they can so you can all have as many experiences as you can.

So please enjoy your time as a Central North cadet.

Raj



2. What are Police Cadets?

The Volunteer Police Cadets is the nationally recognised police uniformed youth group throughout England, Wales and Scotland. In Scotland it is known as Police Scotland Youth Volunteers.

Whilst being a national movement, individual police cadet units are operated by local forces and each of these own and manage their own risk in relation to the safety of their cadets and leaders. The police officers, police staff and adult volunteers who support cadet units are expected, to uphold the highest standards in child safeguarding, protection and supervision.

The National VPC is a part of the wider National Citizens in Policing portfolio. All forces operate under the National Police Chiefs' Council supported framework, sharing the common Aims and Principles of the VPC across England & Wales.

The purpose of the VPC is not to recruit police officers of the future, but to encourage the spirit of adventure and good citizenship amongst its members.

We believe that every young person deserves the opportunity to thrive regardless of his or her background. We encourage young people from all backgrounds to join the VPC, including those who may be vulnerable to the influences of crime and social exclusion.

The aims of the VPC are:-

- To promote a practical understanding of policing amongst all young people.
- To encourage the spirit of adventure and good citizenship.
- To support local policing priorities through volunteering and give young people a chance to be heard.
- To inspire young people to participate positively in their communities.

The VPC, is a diverse group of young people aged 10 - 18 years, who have a desire to support their local communities and gain a practical understanding of policing, developing their leadership skills by undertaking challenging social action projects in their communities.

We have a vision to be a world-class, socially inclusive uniformed youth group based on the values of British policing, demonstrating every day positive impact in our local communities. This is based on four national objectives-

- Making a difference in local communities, building character, confidence and contribution through youth-led social action.
- Actively helping divert young people away from negative influences and crime
- Building trust and confidence between young people, their communities and the police.
- Enabling young people to have a real voice and influence in building a positive, relevant 21st century policing.



3. What do Police Cadets do?

Central North Volunteer Police Cadets (CN VPC) is a disciplined uniformed organisation and is open to young people from the ages of 8 – 18 years old.

There are three sections, Pandas is from 7 - 11, Junior Cadets is from 11 - 12.5 years and Senior Cadets is from 13 - 18 years.

If your child has come to police notice previously, this will not preclude them from joining cadets. Each case will be dealt with on a case by case basis.

All Cadets are expected to follow the VPC Code of Conduct at all times

VPC Cadet Code of Conduct

- You will be fair, respectful, and disciplined at all times
- Bullying, discrimination, and unacceptable behaviour will not be tolerated
- You must never wear uniform outside of Cadet events or weekly meetings
- You must attend a VPC event if you have agreed to do so unless exceptional circumstances apply
- You must inform a Cadet leader if you are unable to attend a weekly meeting
- If you breach the code of conduct your VPC membership will be reviewed

Panda's

The main aim of Panda's is to improve their "Soft Skills" such as Listening, Teamwork & Communication. To aid their learning we use a variety of methods such as games, STEM Kits, team building exercises. Our aim is to make it as fun as possible.

They will also learn about Personal Safety & Online Safety and about the different units within the Metropolitan Police.



Junior Cadets



The main aim of Junior Cadets is to improve the cadets "Soft Skills" such as Listening, Teamwork & Communication. To aid their learning we use a variety of methods such as games, STEM Kits, team building exercises. Our aim is to make it as fun as possible

By the time they leave Junior Cadets they will have been taught

- Phonetic Alphabet
- Basic Drill (Marching) Movements
- Basic First Aid Skills
- Police Caution
- Police Rank Structure





Cadet evenings start with a basic parade, this enables staff to take the register and collect subs and inform the cadets about what is going to happen during the evening. We aim to keep the learning to a maximum of 25-30 minutes. The learning is a mixture of lessons from staff on the Policing topics listed above or Personal safety advice, Railway Safety, Water Safety.

We also have visits from Police units. Our favourite visitor is always the dog van, the discussion about what the dogs can do last about 10 minutes and the rest is spent playing with the dog!

Senior Cadets

During the weekly meetings the Cadets will learn a wide variety of Policing topics, such as learning about Stop & Search and then how to carry out a Stop & Search

They will be taught advanced drill. Our Drill lead is Ex forces and it is due to his hard work that our Drill team has improved over the past few years

By the time they leave us each cadet will have had the opportunity to obtain a recognised St Johns Ambulance Certificate. This has led to 3 of our cadets being nominated for an award after they used their first aid skills that they learnt at Cadets.





We also have several guest speakers from local & national organisations come in. We have previously worked closely with the Anne Frank trust, we assisted at one of their pop up sessions at the Swiss Cottage library. A Tutor from Frank Barnes School visited us to give an input on BSL and Deaf Awareness



We also run at least 2 fitness sessions per term. This could be a circuit session run by cadet staff or something run by an outside organization such as Arsenal Kickz or the Royal Navy

Student officers and Special Constables come into cadet evenings and assist us in role-playing. Sometimes they will be the suspect, the cadets will play the role of the police officer, and sometimes the cadets will play the role of the suspect. This helps both parties learn, as after we have finished we have a full debrief on what went well and what could be improved for next time

4. What Activities do Police Cadets Do?

Junior Cadets



The main weekly activities for Junior Cadets are visits from or visits to different Police units. We are lucky that we have a mounted police unit on the borough at West Hampstead and have visited them on numerous occasions.

They have made anti knife crime stop animation videos over a 2 week period. The first week they came up with a story board idea for their video.

The next week using all the props provided they produced their own 5-10 second Anti Knife Crime video

Every year during the May half term we have our Junior Camp. All the Junior units from across CN attend a Scout Campsite on the Essex borders for 3 days. Activities include Air rifle shooting, Climbing, Archery, inflatables, High Ropes, running around in the woods, playing in the stream and lots more. In 2021 there will be a Junior Cadet competition where every unit from across the Met will compete against each other





Senior Cadets

Apart from weekly meetings the Senior Cadets get up to lots of varied Police based activities that are not open to other youth organisations.

Under Age Sales is a firm favourite! We work closely with both Camden and Islington Trading Standards. Every month we carry out a Test Purchase or Under Age Sales operation. A cadet is sent into a shop with a member of staff in plain clothes and they try to buy an age restricted item. The shop assistant should ask them their age and or ask for ID. If asked the Cadet must be truthful about their age and state that they don't have ID. If they are refused the sale they leave the shop and the venue gets a letter from the council stating that they have passed an Under Age Sale. If they sell the item, the cadet goes back to the van and describes the assistant. A uniformed officer

and a trading standards officer then go into the venue and deal with the shop.

They also assist in the policing of major events in London. We regularly assist at the London Marathon on a water station. We have assisted at the Royal British Legion Festival of Remembrance and got to watch the show afterwards. We have marched down the Cenotaph in the main Remembrance Day parade. We have assisted at the Notting Hill Carnival and Trooping the Colour. Think of every major ceremonial event in London and the Cadets have played some part in the Policing of these events.





Cadets are also asked to assist at local fetes and events, this is to aid recruitment and also to give out crime prevention advice. We have worked with local safer neighbourhood teams to problem solve any issues in their area. This led to us working closely with the British Museum over a period of a few months and led to the Cadets raising awareness of local issues to over 1500 tourists in one afternoon

We take part in 2 competitions against all the other cadet units. One is called the Gravesend Competition and is our Police based event and is held

at the Metropolitan Public Order training centre in Gravesend and the other is the Thriftwood Competition, which is held at Thriftwood Camp site in Essex.

During the Summer Holidays we have our annual summer camp. This is for 5 days and has been held at different locations all over the UK. Our aim is to have a new activity for the cadets to try every year. Previous activities have included a High ropes course, 40m+ Abseil, Coasteering, Caving and lots more

For the past 2 years we have also taken a group away mountain walking during the October half term. Everyone managed to climb Mt Snowdon, the highest mountain in Wales, during these trips





5. What Awards can Police Cadets Achieve?

Junior Cadets

At present we are in the process of re-writing our Junior Programme. When it is complete, they will be able to achieve 4 awards. These will be Police, First Aid, Safety and Community. If they manage to complete every section it will mean that they may not have to complete some of the awards when they arrive at Senior Cadets.

Senior Cadets

Stars – We have just launched our new Senior programme and introduced Proficiency Stars. The entry level is Basic Star and if they have come through Junior Cadets, they will have already completed 80% of their Basic Star. Then 1-4 Star and the top award is the Master Star.

First Aid – Everyone will be given the chance to attend a recognised St Johns Ambulance first aid course. In the past two years four Camden Cadets have received awards for getting involved in incidents outside of cadets and using their first aid to save lives.

Duke of Edinburgh (DofE) Award Scheme – As soon as the Cadets enter Year 9 we will enrol them onto their Bronze Duke of Edinburgh Award. The DofE award is the highest non academic award that you can achieve. When companies or universities see DofE on a CV, they know that the person shows good teamwork, dedication, endurance amongst other things. It is highly sort after by the top 100 companies in the UK

Those that achieve their Gold Award will attend one of the London palaces to receive their award. Camden VPC recently achieved our

first 2 Gold DofE awards. The following website will give you more information about the DofE award scheme https://www.dofe.org/do/parents/





6.Uniform

Cadet Uniform <u>MUST NOT</u> be worn outside of a Cadet event. This includes going to and from Cadets

Junior Cadets

Once the attached information form has been returned, their Marshal account activated and they have shown a good regular attendance, they will be issued a light blue Camden VPC t-shirt. This should be brought to every session along with some form of sports kit to run around in.

Junior Cadets is very energetic, which makes school uniform unsuitable. Cadet sessions are held in school gyms, so no black school/outdoor shoes are to be worn, as they mark the floor and the cadets can slip over. So they will need to ensure they have suitable clothing to run around and play games. There are changing facilities at every site

Senior Cadets

Once the attached information form has been returned, their Marshall account activated and they have shown a good regular attendance, they will be issued their cadet uniform. (Please note, this is actual Met Police uniform, so unfortunately there are no child sizes. Also, the shirts are designed to be worn with body armour, so they are longer than normal school shirts)

It is expected that the uniform is looked after, worn correctly and smartly - It is NOT meant to be fashionable. There is a parade at the start of every cadet session, where the cadets will be inspected.

Uniform care sessions are run at least once a term, covering ironing, boot bulling and beret shaping. A separate guide is available, containing all the relevant information necessary on how it is correctly worn and the expected standard of smartness required.

The uniform remains the property of the Met Police and MUST be returned once the cadet leaves. To assist with this practice, there is a £40 refundable deposit, which will be reimbursed once the complete uniform has been returned.



7.Where we meet

Camden

Monday

Castelhaven Community

Centre. 23 Castlehaven Rd

Panda's - 4.30 - 5.

Tuesday

William Ellis School

Highgate Road

NW5 1RN

Seniors - 4.30 - 6.30pm

Wednesday

Maria Fidelis School

1 – 39 Drummond Crescent

NW1 1LY

Juniors - 3.30 - 5.00pm

Seniors - 5.00 - 7.00pm



Thursday

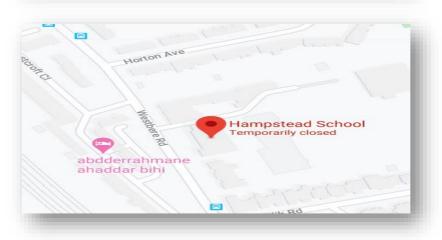
Hampstead School

Westbere Road

NW2 3RT

Juniors - 3.30 - 5.00pm

Seniors - 5.00 - 7.00pm





Islington

Tuesday

St Marys Community Centre

Upper Street

N1 2TX

Juniors 4.00 - 5.30pm

Seniors 5.30 - 7.30pm



Wednesday

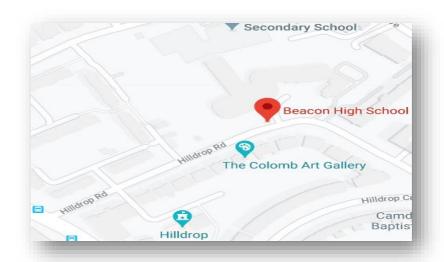
Beacon High School

Hilldrop Road

N7 0JG

Juniors 4.00 - 5.30pm

Seniors 5.30 - 7.30pm



8.Finances

Junior Cadets is £15 per term or £45 for the year. Senior Cadets is £30 per term or £90 for the year There is an option to pay this by Direct Debit, we will supply the account details as soon as they have uniform.

The VPC is not directly funded by the Met Police, so your subscriptions goes towards ensuring that we have equipment for our weekly meetings and for trips.

The staff are actively seeking different grants throughout the year and this money goes towards subsidising the cost of all of our activities as well.

We have never refused a cadet a place on any activity for financial reasons, so please come and talk to the staff if finances are an issue



9.Communication

Marshal Account – To ensure that VPC was GDPR compliant every unit across the country has moved onto the "Marshal System" This is an electronic health and safety system where all the cadet's details are stored.

When the attached form is completed and returned an account will be set up. If the cadet does not have their own email account then they can use their parents email address for this. But each cadet must have a different email address, so siblings will not be able to use the same email address to create the account.

Once the account has been created you will be sent an email from Noreply@vpc.police.uk. This will have a link in it and instructions on how to activate the account. Once this has been done a parent or guardian will have to send back a completed health and permission form. The account will then be activated. If you don't receive an acknowledgement please check your spam folders

We also use Marshal to advertise all upcoming events, you will receive an email notification of an event and be given the opportunity to sign up for it. Once we receive an electronic completed health and permission form their place is confirmed on that event

Email - The email addresses are

CamdenVPC@met.police.uk or IslingtonVPC@met.police.uk

These are monitored by the cadet team and they will get back to you as soon as possible

Cadet Phone -

Camden - 07825922162

Islington - 07767006365

Please be aware that the only time these phones will be monitored 24hrs is when we are away on camp. They will be off when we are not at work.

Both Camden and Islington have a Senior Cadet Whatsapp group, this is so Cadets can message staff to state that they cannot attend a session/activity or let us know they are running late. It is the cadet's responsibility to ensure that they are added into this.

10.DBS Checked

All police officers are security checked prior to joining. Anyone within the Police, including volunteers, working with Children or Vulnerable people also has to undergo another Vetting check called CVGS vetting (Child and Vulnerable Groups) this is above the normal DBS check.

Every activity has its own risk assessment, that has been scrutinised by our Senior officers and Health & Safety advisors prior to the event taking place.



11.Extra Assistance

If you feel that your child would require extra assistance at cadets for any reason, then please ensure that you speak to staff as soon as possible.

12.Adult Volunteering

VPC are like any other youth organisation, we cannot survive without adult assistance. So if you feel that you are able to assist us in anyway then please come in and speak to us, if you feel that you can't commit to coming to a weekly session that is not a problem. We have lots of other roles that you could assist with

If you are interested, then either come in and speak to us or click on the link below

https://www.met.police.uk/car/careers/met/police-volunteer-roles/

13. Yearly Events

A quick overview of our regular events throughout the year

March	Bronze Dofe Practise & Qualifying Expedition	
April	Silver DofE Practise & Qualifying Expedition	
May	Junior Camp, Junior Competition	
June	Junior Activity Day	
July	Gravesend Competition	
August	Senior Summer Camp	
September	Thriftwood Competition	
October	Senior Mountain Walking Trip, Bronze DofE Practise & Qualifying Expedition	



14. Forms

Please complete this form and return it to the cadet staff as soon as possible. If you are going to write the form, please ensure that the email address is clearly written.

Cadets Details

First Name	
Last Name	
Date of Birth	
Gender	
Ethnicity	
Religion	
Next of Kin	
Address	
Post Code	
Phone: Home	
Phone: Mobile	
Email Address	

Parents/Carers Details

Parent/Carers Name	
Relationship	
Email Address	
Phone number	
Preferred Language	



Emergency Contacts Details

Name	
Address	
Post code	
Phone: Home	
Phone: Mobile	

15.<u>FAQ's</u>

What if I'm running late for a session/activity?

We accepted that there are a million and one reasons that can cause someone to be late. All that we ask is that you make every effort to contact us on the cadet phone. This can be via Text, phonecall or put a message in the cadet WhatsApp group.

Can I bring a friend?

Yes! They can come along and try it. We will have to speak to someone at home to confirm that they have permission to stay late after school and we will give them all the forms that they need to complete at the end of the session

Who do I pay my money to?

At the start of each evening we have a parade, where a register is taken, and any monies are collected.

How do I get my uniform?

When you have completed all the enrolment forms and confirmed your Marshal account, we will issue uniforms. As we do not have access to a vehicle for any cadet sessions, we are limited to what we can carry. So, we do also offer uniform fitting sessions at the police station at least once a term.

This will be on a Saturday and you will get the chance to try the uniform on before you take it home. If you are told that you are being issued uniform, please ensure that you bring a bag to take it home in



Can I join Police Cadets if I've been in trouble with the Police?

Each case is dealt with on an individual basis. We would need to discuss it with you and your parents. VPC staff would make their recommendations and it would need to be approved by our line management before you would be able to attend

Are there lockers at any of the venues?

There are changing rooms at each venue to get changed into uniform. We do not have any storage, so it is important that everyone brings their bag into the hall. This is because there are other clubs running at each venue and we have no control over who goes into the changing rooms and stuff has gone missing. A member of staff will remain I the hall at all times to watch over our equipment.

Can my parents watch the session?

Yes, that is not a problem

Do I have to stay for the whole session?

Yes, we are responsible for you whilst you are at cadets. If you need to leave early for what ever reason we will have to contact your parents/guardians first to confirm and let them know that you have just left cadets and are on your way home.

"CADETS HAS OPENED MY EYES TO SO MANY DIFFERENT PATHS IN LIFE AND I HAVE GAINED SKILLS WHICH WILL STAY WITH ME FOR LIFE AND HOPEFULLY PROGRESS ME WITH MY CAREER PATH

A LOT OF PEOPLE WOULD BE PUT OFF JOINING POLICE CADETS BY THE WORD POLICE. BUT IF YOU SEE PAST THAT ITS LIKE ONE BIG FAMILY WHICH YOU WILL MEET UP WITH, EAT, SLEEP AND GAIN EXPERIENCES WITH. IF YOU ARE THINKING OF JOINING, GO FOR IT AND AS MUCH AS YOU PUT IN, YOU WILL GET 100% BACK"

GEORGE STEPHENS – EX HEAD CADET



16.Photos

Junior Camp















Senior Camp







Central North Volunteer Police Cadets Planned Community Event Health & Permission Form.

The Permission to which this form relates will be the specific event to which it refers only. However, in certain specific circumstances, relating to VPC only, it can be used for generic permission.

If you are under 18, ask a parent/guardian/carer to complete & sign this form.

WARNING if you do not have the form properly completed then you will NOT take part.

Activity/Ever	t:
Venue:	
Date:	
Type of Activ	ity:
Participants D	otails
rai ticipalits D	etalis
Full Name:	
Address:	
Mobile numbe	r: Email:
DOB:	Age:
Can they Swim	?
C+,	ong Swimmer (Over 100m) □Yes □No
	ermediate Swimmer (Over 50m)
	ak Swimmer (Under 25m)
VVC	ak Swiffiller (Olider 25111)
Emergency Co	ntact 1
Full name:	Relationship to Cadet
Address	
Mobile Numbe	er: Landline:
Email:	
Liliali.	
Emergency Co	ntact 2
Lineigency Co	intact 2
Full name:	Relationship to Cadet
Address	
Mobile Numbe	er: Landline:
Email:	

Retention Period 6 Years.

(Once completed the form will be stored in accordance with the Data Protection Act 2018)



Restricted when Completed.

Medical Details				
Doctor's Name:	Consultant's Name:			
Address:	Hospital:			
	·			
Tel No:	Tel No:			
National Health No:				
Date of Anti Tetanus Protection	n:			
Doos your Child suffer from any of the	e following (PLEASE READ CAREFULLY)			
Does your clinia surrer from any or the	e following (FLEASE READ CAREFOLLY)			
Chest Pain brought on by Physical Act	ivity	□Yes	□No	
	ess when taking part in physical activity?	□Yes	□No	
Asthma, exercise induced asthma, che		□Yes	□No	
Fits/Faints, migraine, Bad period pain		□Yes	□No	
Other illness or injury?	,	□Yes	□No	
Any Disability?		□Yes	□No	
Do they have any specific requiremen	its?	□Yes	□No	
If YES , please provide details (Use spe	erate sheet if required):			
Is your Child Allorgis to anything (o.g.	antibiotics, particular foods or drugs)?	□Yes	□No	
is your criffic Affectio anything (e.g.	antibiotics, particular roods or drugs):	□ 1 C 3		
If YES , please provide details:				
Is your child receiving any medical tre		□Yes	□No	
Is your child under the care of a docto		□Yes	□No	
Is your child taking any form of prescr		□Yes	□No	
Is there a history of serious medical co	onditions in the family?	□Yes	□No	
If Vas please provide details (please a	also give details of any pills, medicines etc?			
ii res , piease provide details (piease a	also give details of any pills, medicines etc:			
T	ald be given to first aid trained staff (minimum ELS stan		-	
	use (except for inhalers, which may be retained by the participant should be capable of self-administering thei			
and make it available for them to use.	articipant should be capable of sen-administering their	i own mean	ation. We w	III look after it
Has your child had contact with any ir	nfectious illnesses within the last month?		□Yes	□No
If Yes , please provide details:				
Please give details of any speci	al dietary requirements here:			
i rease give details of any speci	ar aretary requirements here.			
1				



Restricted when Completed.

Is there any other information you wish to inform us about that may have an impact on your child's ability to take part in this event or activity ? (please bear in mind that some activities are strenuous)
If Yes , please provide details:
COVID19 Measures
I understand that although the cadet staff have put in measures to limit the spread of COVID19, that there is still a chance that my child may contract COVID19 at a cadet activity.
 I agree that my child will follow the following rules whilst COVID19 restrictions apply. If you child is showing COVID19 symptoms, they will not attend Cadets. If your child or anyone in your household is self-isolating, they will not attend Cadets.
 If your child or anyone in your household is self-isolating, they will not attend Cadets. If your child is ill in ANYWAY, they will not attend Cadets.
 Masks will be worn, unless taking part in sporting activity or Cadet staff have been informed of a pre-existing exemption.
I understand that if my child does not follow these rules, they will be sent home from Cadets.
Signed: Date:
Emergency Permission
In the event that medical staff considers that immediate treatment is essential and the delay in contacting me is likely to prejudice recovery, I authorise MPS staff to give permission to the doctor to undertake whatever treatment is considered necessary.
In the event that an emergency situation arises at home and I consider it necessary to tell my child whilst they are with the cadets, I will contact the cadet staff on the Cadet Mobile. I will not contact my child directly.
Permission for Photography / Filming
I Choose an item. to pictures/film of my child being used in publicity for the Metropolitan Police Service and the Metropolitan Police Authority. Participants names may be included with any photographs, but no other identifying information will be included.
This publicity may include:
Use in static displays at exhibitions & conferences.
 Use in static displays in public places, including libraries.
Station Open days.
Use in local newspaper articles.
 Use in National newspaper and magazine articles.

Permission to take Part

Use in internal police publications.

Retention Period 6 Years.

(Once completed the form will be stored in accordance with the Data Protection Act 2018)



- I consent for my child to take part in the above activity.
- I am fully aware of the type and extent of the activity.
- The information I have supplied above is true to the best of my knowledge.
- I have been able to access the risk assessment (Available from the MPS Staff organising)
- I am aware of the extent of the insurance cover. (Available from the MPS Staff organising)

NB If the participant is sick within the 24 hours prior to the activity, they cannot take part.

Signed Participant (If over 18):	
Signed Parent / Guardian:	
Date:	