



HAMPSTEAD SCHOOL

Learning together Achieving together

e-mail sent to parents

21 January 2019

Dear Parents/Carers

The job of being a parent can be immensely rewarding but sometimes it can be difficult knowing how to encourage your child to develop the skills they need to become more responsible, independent and resilient. This is particularly important with the challenges of social media, personal safety and emotional well-being. This session will support you with re-negotiating boundaries and expectations.

Hampstead School is pleased to offer you an additional opportunity to engage with a 'Brilliant Parents' seminar 'Raising responsible teenagers' delivered by Meave Darroux at Hampstead School on Tuesday 29 January 2019 from 6.00 p.m. (prompt start) to 7.15 p.m. This seminar is for parents only.

You can find further information about the seminar on our Hampstead School, www.hampsteadschool.org.uk
Meave Darroux's work, : <http://www.brilliantparents.org/the-team/>

We hope that if you attend the seminar you will leave feeling even more confident, and ready to deal with the challenges of adolescence.

Yours sincerely

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