



FEEL UNSTOPPABLE

Dear Parent/Guardian,

In Summer 2019, your teenager has the opportunity to participate in the National Citizen Service (NCS.) NCS is a government backed programme that gives 15-17 year olds the chance to take part in adventurous activities, meet new people and develop valuable skills that future employers are looking for. Over 400,000 young people have already taken part, make sure that your teenager doesn't miss out. **We'll be visiting Hampstead at 9am on 17th June to speak to Year 12 during PSHCE.**

The summer NCS programme lasts around 3 weeks with breaks in between. It is broken into phases:

Adventure

We're talking five nights away from home, getting stuck into adrenaline-fuelled outdoor activities like rock climbing, canoeing, archery and making new mates along the way. Then a couple of nights back at home for some much needed rest!

Discovery

They'll learn essential life skills from local business leaders and charities, gain confidence in public speaking, communications skills and budgeting. And it all looks great on their CV!

Action

Back home, the team will devise a social action project based on an issue they feel passionate about. This is their chance to feel proud by making a real difference in their community.

Celebration

In such a short period of time they'll have overcome challenges, pushed themselves into new and exciting territories, and had experiences they never thought possible. So now it's time to come together and celebrate!

How do I sign up?

Visit ncsy.es.co.uk to sign up now. You can select the dates that your teenager is able to attend, complete your payment and medical information online.

If you'd like to find out more or sign up visit ncsy.es.co.uk

Elizabeth House, (Mezz Floor) 39 York Road, London SE1 7NQ

The Challenge Network is a charity registered in England and Wales with charity no. 1129239 and company no. 6845451, whose registered office is at Elizabeth House, 39 York Road, London SE1 7NQ

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NCS North London Engagement Team

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