



Public Health
England

December 2018

Dear parent or carer,

Winter newsletter for parents and carers

Please find enclosed Public Health England (PHE) London's winter newsletter. The letter includes information about:

Influenza (flu) and the annual vaccination programme, which has this year been extended to include all children aged between two and seven
Norovirus, also known as the 'winter vomiting bug,' and steps that can be taken to help reduce the risk of spreading infection

Children are more at risk of getting an infection for a number of reasons including a less developed immune system, lack of previous exposure, and incomplete vaccinations. Social and environmental factors also play a part in children's vulnerability. Schools can be an ideal setting for the spread of infections as they provide an opportunity for close contact and sharing of facilities such as toilets. Advice on reducing the risk of spreading flu and norovirus can be found in the winter newsletter.

Other resources include the Stay Well This Winter Campaign which can be accessed online at <https://www.nhs.uk/staywell/> and the NHS Choices page regarding norovirus: <http://www.nhs.uk/conditions/Norovirus/Pages/Introduction.aspx>

We hope you find this information useful.

Kind regards

London Health Protection Teams