



**Somers Town Youth Centre (STYC), 134 Chalton Street,  
London, NW1 1RX**

**Joanne Peet: Senior Youth Worker  
0207 974 4957/ 8256**

**Email: [joanne.peet@camden.gov.uk](mailto:joanne.peet@camden.gov.uk) or  
[anthony.edwards@camden.gov.uk](mailto:anthony.edwards@camden.gov.uk)**

**Also available Tuesday and Thursday:  
South Camden Youth Access Point (SCYAP), 82-84  
Cromer Street, London, WC1H 8DG 17:30 – 20:00**



# **SOMERS TOWN YOUTH CENTRE PROGRAMME**

**Easter Programme  
8<sup>th</sup> April – 19<sup>th</sup> April 2019**

**Activities for Young People  
13 to 19  
(Up to 25 years with a Disability)**



**Go-Karting**

**Drop-in to Somers Town Youth Centre  
Monday 18:15-21:00  
Tuesday 15:30-18:00 (Girls only session)  
Wednesday 18:15-21:00  
Thursday 18:15-21:00  
Friday 17:30-20:30**

**Call Joanne on 07769235260 or  
Tony 07908652288 for more info about all  
projects based in the South Area**

## Monday

**Youth Programme Delivered by  
Somers Town Community Centre 15:30-18:30  
Gym mixed Sessions Monday 18:30 – 21:00**

Get fit and healthy, workout with your own fitness programme supported by a qualified gym & personal trainer.  
Be Healthy, be happy keeping fit!  
Learn about chess, Play Table Tennis or PS4  
Learn how to cook healthy meals and taste food from around the world (12-week cooking programme) AQA/DofE

## Tuesday

**Girls Only Session 15:30 -18:30  
Art & Photography, Peer mentoring, Gym, Football,  
Cooking, recording Studio, Trip,**



## Wednesday

**Duke of Edinburgh Bronze, Silver, & Gold  
17:00 – 19:00**

**Youth Work sessions 18:30 – 21:00**

Get fit and healthy, workout with your own fitness programme supported by a qualified gym & personal trainer. Be Healthy, be happy! Gardening, Table Tennis, It, Chess  
All welcome!

Substance misuse sessions  
Jonathan.babes@camden.gov.uk

## Connexions

Get advice on, education, training, jobs and careers, you can also come in and spruce up your CV's.

For more information email: [grace.morris@camden.gov.uk](mailto:grace.morris@camden.gov.uk)

## Thursday

**Youth Programme Delivered by  
Somers Town Community Centre 15:30-  
18:00**

**Inclusive Project  
Healthy Cook & Baking sessions, music  
Project, workshops around issues effecting  
Young people, Thursday 18:00 – 21:00**

Learn how to cook healthy meals on a budget (12-week cooking programme) AQA

## Friday

**Fitness, Sport & Healthy Cooking,  
Competitions 17:30-20:30**

Come down and enjoy a varied programme from Gym fitness, outside sport activities, & smoothie making

**All young people are welcome!**

## Saturday

**Easter Holiday's Programme 2019**

**Onsite Activities** will include Baking, Healthy Cooking, Gym & Fitness, Table Tennis & Pool Competitions; Multi Sports

**Offsite Activities** will include Cinema, Crazy Golf, Microsoft Experience day, Talacre sports centre, & Thorpe Park ☺