

# Info for Parents & Carers

*The change in routine due to the Covid-19 pandemic and lockdown has been a testing time for us all. Feelings of anxiety and/or resistance to move towards the new normal can be particularly challenging for parents & carers of children with Special Educational Needs and/or disabilities. Below are some Camden services on offer over the summer period to support with transition back into school for children and young people with special educational needs and disabilities and their carers.*

## Services you can self refer into

- ▶ [Camden's Early Help service](#) offers practical and/or emotional support to families. [Watch the early help video](#)
- ▶ Our [Child and Adolescent Mental Health Service \(CAMHS\)](#) offers Counselling/therapy for children, young people and families
- ▶ Coram Creative Therapies are offering online, art, music, family therapy and early years sessions over the summer break for more info email [creativetherapyadmin@coram.org.uk](mailto:creativetherapyadmin@coram.org.uk)

## Useful websites

[www.camdenrise.co.uk](http://www.camdenrise.co.uk) (Young people's website)

[Camden's Local Offer website](#) (includes guidance, resources and much more)

## FAQs

- ▶ ***What should I do if I haven't heard from my child's school about what will happen in September and the term is almost over.***
- ▶ *Schools are working to get in touch with all parents as soon as possible. SENCOs have also been tasked to reach out to families. If you haven't been contacted, it is advisable to check the school website as details may be published there. If that does not help and you haven't heard from your school by the second week in August contact the school directly by emailing `admin@[insert your school web address]`*
- ▶ ***My child is already receiving therapies/ support in school or short breaks outside of school and I'm worried about their transition into school from home, what should I do?***
- ▶ *Contact the service that your child receives support from and share your concerns, they will be able to support you or link you into a service that can help.*