

HAMPSTEAD BUZZ

Highlights and Achievements - SpringTerm 2019



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HEAD'S MESSAGE

Jacques Szemalikowski

At Hampstead School we are driven by our values. As a school predicated so strongly on quality of relationships, our values inculcate our moral purpose to ensure success for our students. This success is not just one big idea, but rather by trying to do lots of small things extremely well. Many of these small things you can read about in this edition of Hampstead Buzz, where we hope that big results come from many such small changes accumulated over time.

Every student that passes before us is changed by their experience of our school. It is an experience that will stay with them for life and it sets the direction of their careers and determine their life-long interests.

Consequently, it is right that this year we are focussing on developing two areas that matter the most namely student well-being and our curriculum.

BREAKFAST OFFER FOR ALL STUDENTS EVERYDAY FROM 0800 to 0830 FREE OF CHARGE



FIRST GIVE

Robert Hague

Congratulations to Tutor Group 12.2 who won £1000 for Young Women's Trust on 13 February 2019.

Ikenna gave one of several stand out performances, reciting from memory a two page poem he had written.

Thank you to everyone who was involved with Year 12 First Give. In total about £2000 was given to good causes

TEAM MATHS CHALLENGE

Sam Harvey Brewin

Congratulations to Fatima, Dean, Muhammad, and Illias from Year 7 for competing in the Team Maths Challenge on Wednesday 20 March 2019 at Bow School. They finished in a very respectable position considering they were competing against teams of Year 8 & 9 students. They did Hampstead School proud.

EMOTIONAL WELL-BEING

Liz O'Riordan

Hampstead School values the emotional wellbeing of staff and students.

We are aiming to validate the work we are proud of, through the pursuit of a Mental Health Well-being Award (providers: Optimus Education and the National Children's Bureau). The Award focuses on ensuring that effective practice and provision is in place to promote emotional wellbeing for everyone at Hampstead School. We will be measured against how well we create and promote a positive culture in the school. We will also share our vision for the future and how we will protect and promote all the good practice we have in place.

Some of our recent efforts include training all staff on Attachment Theory and the delivery of the Islington Mental Health and Resilience training for staff. We have also commissioned Camden's Educational Psychologists to work with some of our students, delivering exam anxiety reduction sessions and cognitive behaviour therapy sessions to students exhibiting low mood and low anxiety levels. In addition to this, we have core PSHCE lessons and assemblies on wellbeing for all students. Of course, those with greater needs are seen by external specialists, as coordinated by our school specialists.

Ultimately, we are aiming to perfect our wrap-around-the-child care, and in the process, achieve accreditation and recognition for the outstanding work that we do. As part of this process, we will be gathering the views of Hampstead School staff, parents and students. What we ask of you is that you take the time to complete the questionnaire which will be emailed to you, being as open and honest as you wish; all correspondence is gathered in the strictest of confidence, in line with the General Data Protection Regulations (GDPR), which means your name will never be disclosed to anyone. There is a strict timeframe in which the questionnaire must be completed.

We will also be sending a student questionnaire to you, for you to share with your child, we would greatly appreciate it if you could supervise your child during the process of completion. We assume that you will monitor the completion of the document. Should you object to your child completing the questionnaire, simply delete the link.

HAMPSTEAD SCHOOL - DEBATING

Alexander Morgan

Model United Nations

Hampstead Debating Club has been on overdrive so far in 2019 with an intense cocktail of competitions and trips. Firstly, over the weekend of the 18—20 January, our Year 10 and 11 Debaters took on the role of United Nations delegates at a Model United Nations conference hosted by St Paul's School. Representing Egypt, Germany and Britain, they discussed and debated solutions to issues ranging from junk in outer space to the war in Syria. They spent the first two days of conference in their committees forming solutions, before coming together in General Assembly on the Sunday. This work required our students to work together with other nations to formulate plans and hotly contest points of difference. Hampstead School students proved so adept at doing this that our Egypt delegation won one of only four overall awards, *Most Diplomatic Delegation*. In a field of some of the most prestigious independent schools in the country, including Eton, and with the vast majority of students being selected from Sixth Forms, this was a massive achievement.

Cambridge Union Debating Competition

On Saturday 2 February 2019, Hampstead School's Year 9 team of debaters participated in the Cambridge Union Debating Competition local heats. This prestigious competition put on by Cambridge Debating Union employs British Parliamentary Techniques for Public Speaking.

Our four teams of two came up across Sixth Form and University students over the course of four intense debates on topics such as the living wage, the legalisation of Class A drugs and patents. This proved to be a hugely challenging experience for our young debaters as they came up against experienced and learned public speakers. Nevertheless, they equipped themselves with logic and confidence to do Hampstead School proud. Such a baptism of fire into the fierce cauldron of competitive debate will no doubt mould them into far more adept public speakers at their next time debating event.

On Tuesday 5 February 2019, debaters of all ages attended a live debate in the House of Commons, where they witnessed questions being put to the Justice Ministry, as well as a heated exchange between David Lammy and Sajid Javid, Home Secretary, on compensation for victims of the Windrush generation. This was an immensely worthwhile and fascinating experience, providing students and staff alike with a real insight into the intricacies of high level debate.

SCIENCE LIVE – DISNEYLAND PARIS

Vanessa Grant

In March, Hampstead School's Science faculty took 40 students to Disneyland to attend the Science Live Conference.

Each day consisted of exploring the Science behind rides and practical experience of riding the rollercoasters at both Disneyland and Universal studios. Students reported that it was an amazing trip.

Current Year 8 students can look forward to attending this optional trip in March 2020.

ANTARCTIC SCIENTIST VISITS HAMPSTEAD SCHOOL

Kate Stockings

On 17 December 2018, to end their study of Antarctica in Geography, Year 7 students welcomed Ella Gilbert from the British Antarctic Survey who came to speak to them about her life and work in Antarctica.

The students were engaged and interested in the talk, learning about how the weather is measured, the importance of studying Antarctica in depth and learned how to stimulate cloud formation in a water bottle.

YEAR 13 RESIDENTIAL FIELDWORK

Leila Galani, Year 13

For our Year 13 coursework project my Geography class visited Nettlecombe Court from 10 to 14 December 2018, an ancient Manor House in Somerset. During our week we experienced what it was like on a geographical expedition, gaining knowledge and developing our statistical skills and analysis.

In the final two days we started our independent investigations having decided between two contrasting locations: Porlock Bay and Minehead. My investigation was based on coastal vegetation. Despite the cold and windy conditions Porlock Bay's saltmarsh allowed me to investigate the importance of the vegetation and species diversity in defending the west Somerset coast. It was a desolate but beautiful environment.

Overall, it was a very insightful experience which greatly contributed to our understanding of coastal management.

YEAR 11 FIELDWORK – RIVER CHESS

Kate Stockings

On 18 to 22 March 2019, our Year 11 Geographers were lucky with the weather for their river fieldwork at the River Chess in Buckinghamshire. Over the course of two days, all Year 11 Geography students went to investigate this river and how the channel characteristics change as you go downstream.



It was a fantastic chance to get out of London and see what they have been studying in Geography in the real world.

DUKE OF EDINBURGH AWARD

Laura McDaniel



22 Year 11 students carried out their practice Duke of Edinburgh Expedition on the weekend of 22 March 2019. Students worked exceptionally well together as a team, helping one another set up tents, cook food on stoves and navigate unknown territory. Every student performed outstandingly and did it all with a smile. We look forward to the qualifying expedition in April.

CITY YEAR
Ingra Mitra-Duggan



City Year is a charity working with Hampstead School to mentor students and run extra-curricular clubs.

Volunteers have been supervising the students enjoying breakfast as part of the National Breakfast Programme and continued with their popular Year 7 board games club and Year 11 Economics revision club. In the spring term they have also started a lunchtime Gospel Choir for all Year Groups and a 'Real Talk' club for girls in Years 9 & 10, which gives them the opportunity to discuss topical issues.

City Year volunteers are excited to be hosting a public speaking competition to all students in Years 7 to 10. It is hoped the competition will excite students to talk about a topic of their choice and build their self-esteem, so that they can speak confidently in front of an audience.

FIRST STORY GROUP
Molly Dewhurst

This term the Hampstead School First Story group were able to visit University College London (UCL) to take part in a day of writing workshops. On the day, students had the opportunity to have a tour of UCL, during which they very much fascinated to see the body of Jeremy Bentham on display and hearing about how the University was founded on a policy of inclusion for all.

Following the tour, students had the chance to talk to current students of UCL, listen to a lecturer in English Literature and to talk about studying at university. They were then invited to explore the Grant Museum of Ancient Egyptian artefacts or the Petrie Museum of Zoology and professional writers ran creative writing workshops for the students inspired by the exhibits, before sharing our writing with both Hampstead Students and others participating in the day.

Here is one poem written during our day at the university, by Dean, Year 7:

Alive in the Grant Museum

Zoology I am interested in
I came here to learn about animals
But, alas, I came here too late
The Grant Museum was closed

No-one was there, all lights were off
When I looked through the window glass
Nothing was moving, all was still
But then a swinging Tarsier came past

Suddenly, all the glass cabinets broke
The elephant heart started beating
I spotted two Chimpanzees having a race
And one of them was cheating

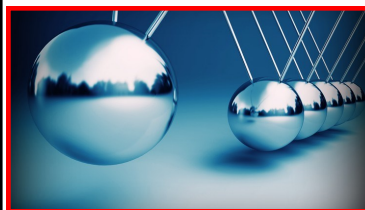
Then every animal started moving
Every specimen, every organism
They all looked like they were socialising
From the dead, these animals had risen

Seeing a little Slender Loris fall
And rather anxious, too
Seeing an Orang-utan and Gibbon brawl

A Three-Toothed Sloth looked appalled
at the ponging Chimpanzee near
And I saw a Goat sniffing
A Donkey's rear

I accidentally banged on the glass
They all turned on me and approached
So I ran away in fear
And caught the next coach

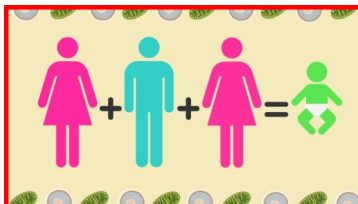
SCIENCE WEEK
Tamsin Morrell



Science week was celebrated in style at Hampstead School with a focus on celebrating scientific achievements. For Years 7-9 we taught lessons celebrating

Darwin's 210th birthday, the 150th birthday of the Periodic Table and the 50th anniversary of the Lunar Landings. Students made their own lunar modules and practised being birds with different shaped beaks in an experiment mimicking Darwin's finches, as well as researching elements and building 3D information cards.

We were also privileged to host Phillip Hunton, from 'Green up your act' who conducted workshops on 'Recycling and Upcycling' and 'How to be Habitat Heroes'. Students were able to take



home their very own upcycled product. One of our Year 9 classes was able to participate in a 'Walk the Solar System' activity from Fortune Green Park. Students were taken on a scale tour of the Solar System and learned all about the planets and our star.

To finish on a high, we hosted two live Science shows on the Friday of Science week. Our Key Stage 3 Scientists were delighted to be involved in the 'Ugly Animal Roadshow' where they developed an understanding and curiosity for all the weird, wonderful and UGLY animals on our planet. Our Key Stage 4 and Key Stage 5 Scientists had their brains wobbled when learning about 'Genetic Superheroes', taking DNA and gene coding to a whole new level.

Science Week was celebrated enthusiastically and it was a joy to see so many of our students curious and excited about what they would be learning next.



TERM DATES—ACADEMIC YEAR 2018—2019

Autumn term: *3 September 2018—21 December 2018

4 September 2018—Year 7 start at 0830

Year 12 start at 0945

5 September 2018—All students return at 0830

Half term: 22 October to 26 October 2018

Spring term: *7 January 2019—5 April 2019

Half term: 18 February—22 February 2019

Summer term: 23 April—23 July 2019

Half term: 27 May—31 May 2019

Bank Holidays: Monday 6 May 2019

Monday 27 May 2019

INSET DAYS [School closed to students]

*Monday 3 September 2018

Monday 29 October 2018

Monday 3 December 2018

*Monday 7 January 2019

Friday 28 June 2019

SPORTING EVENTS & FIXTURES – SPRING TERM

Camden Shield – Football @ Acland Burghley School	9 January	Year 7 / Years 8 & 9 Team
Camden Shield – Football @ UCL School	23 January	Year 7 / Years 8 & 9 Team
London Schools Cross Country Championships @ Wormwood Scrubs fields	6 February	Year 9 & 10 Team
Young Women's Sports Day	8 March	Year 7 students

NATIONAL BREAKFAST PROGRAMME & MAGIC BREAKFAST

A healthy breakfast is low in fat, sugar and salt, and packs in additional vitamins and minerals for good health now, and for lifelong learning.

Healthy breakfasts are important for children and for the school, but there is an additional reason to check your provision—the government expects schools to comply with new School Food Standards (introduced in 2015) and these apply across the whole school day, including breakfast.

Hampstead School is pleased that through the National Breakfast Programme the school is able to offer free breakfast to all students everyday from 0800 to 0830 in the Dining Hall.

What's on offer? Enriched bagels, with a selection of jams and low fat spread, porridge, and cereals.

Parents/Carers please encourage your children to take advantage of this opportunity.

INTERNATIONAL FESTIVAL

Students, staff and parents are cordially invited to attend our annual celebration of the school's cultural diversity-

International Arts Festival— 20 June 2019

Time: 1700 to 1900

Stalls selling international food and arte-facts;

Performances of music, poetry and dance

Admission: Free.

Contact: Ms. De Regibus in Bilingual Support for more information

DIARY DATES SUMMER TERM—2019

[Please refer to the Calendar Dates school's website for updates]

22 Apr—Bank Holiday

23 Apr—All students return @ 0830

2 May—Governors Site & Finance Committee @ 1700

6 May—Bank Holiday

15 May—Governing Body Meeting @ 1700

17 May—Year 8 Girls HPV

29 May to 31 May—HALF TERM BREAK

6 Jun—Governors Curriculum & Assessment Committee @ 1700

13 Jun—Governors Quality Assurance Committee @ 1700

17 Jun—Governors Personnel Committee @ 1700

20 Jun—International Festival—1700 to 1900

26 Jun—Governors Site & Finance Committee @ 1700

28 Jun—INSET DAY (SCHOOL CLOSED TO STUDENTS)

28 Jun—Year 11 Leavers Assembly & Prom

28 Jun—Sixth Form Graduation

1 Jul—Year 13 Work Experience

3 Jul—New Year 7 Parents Evening @ 1800

4 Jul—New Year 7 Induction Day

10 Jul—Celebration Evening

12 Jul—Sports Day—Willesden Sports Centre—0830 to 1500

18 Jul—Governing Body Meeting @ 1700

23 Jul—Last Day of Term (Students dismissed at 1230)

15 Aug—A level results

22 Aug—GCSE results

TERM DATES—ACADEMIC YEAR 2019—2020

Autumn term: *2 September 2019—19 December 2019

3 September 2019—Year 7 start at 0830

Year 12 start at 0945

4 September 2019—All students return at 0830

Half term: 21 October to 25 October 2019

Spring term: 6 January 2020—3 April 2020

Half term: 17 February—21 February 2020

Summer term: 20 April—21 July 2020

Half term: 25 May—20 May 2020

Bank Holidays: Monday 4 May 2020

Monday 25 May 2020

INSET DAYS [School closed to students]

*Monday 2 September 2018

+ 4 Inset days to be decided

PARENT HELPLINE

This helpline is for parents of children with special educational needs, and operates during the evenings and weekends. The helpline offers confidential emotional support, information and guidance on all aspects of parenting. Contact No. 07537 404 282

Email: NDPSS@familyaction.org.uk.



United Nations Convention on the Rights of the Child

Article 18 (parental responsibilities)

Both parents share responsibility for bringing up their child and should always consider what is best for the child.