

A Safeguarding Message – let's keep ourselves safe PLEASE CAREULLY READ THE FOLLOWING

Dear Students

We want you to be sensible and safe whilst you are at home. Please follow the Wellbeing advice that you have received via email and on this website on the wellbeing page.

If, however, you feel at risk of harm or feel unsafe or in danger at home or in the community, contact the following emergency phone numbers in the area you live in straightaway.

If your family already has a social worker or Family Support Worker, and you would like to contact them but do not have a direct contact number, you must phone the following number in the area you live in.

IF you live in the London Borough of Camden

Telephone:	The MASH team on 020 7974 3317.
	Out of office hours: 020 7974 4444

If you live in the London Borough of Brent

Telephone: Brent Family Front Door on: 020 8937 4300 (option 1) Out of office hours: 020 8863 5250

if you live in the London Borough of Barnet

Telephone: Multi-Agency Safeguarding Hub (MASH) on 020 8359 4066 Out of office hours: 020 8359 2000

If you feel in low mood but not in immediate danger, you can email your head of year for support and advice:

s.oconnell@hampsteadschool.org.uk
d.johnson@hampsteadschool.org.uk
a.hurley@hampsteadschool.org.uk
s.farr@hampsteadschool.org.uk
I.thompson@hampsteadschool.org.uk
b.ackland@.hampsteadschool.org.uk

If you currently receive support from CAMHS or Daniel Pugh, the Mental Health Practitioner, you will be invited to speak on the phone or attend the Tavistock Clinic.







T: 020 7794 8133 E: enquiries@hampsteadschool.org.uk www.hampsteadschool.org.uk



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Finally, if you have any further concerns that are not covered here, please contact the Safeguarding leads:

Ms Daulphin on <u>h.daulphin@hampsteadschool.org.uk</u>, or Mr Stevens on <u>g.stevens@hampsteadschool.org.uk</u>

Continue to be safe and sensible.

Heather Daulphin Designated Safeguarding Lead