

Weekly MENU

Week 19

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MEAT OPTION	Sweet & Sour Chicken & Rice	Chilli Con Carne & Rice	Jerk Chicken & Rice & Peas	Smoked Salmon & Vegetable Roulade	Fish & Chips
VEGETARIAN OPTION	Five Bean Casserole & Rice	Veggie Chilli Con Carne & Rice	Vegetarian Option of the Day	Macaroni Cheese	Vegetable Roulade & Chips
PASTA/RICE OF THE DAY	Pasta King	Pasta King	Wholemeal Pasta King	Pasta King	Pasta King
WRAP OF THE DAY	Love Joes	Love Joes	Love Joes	Love Joes	
JACKET POTATO OF THE DAY	Cheese Baked Beans Tuna	Hot Filling of the Day	Baked Beans, Tuna	Cheese, Baked Beans	Baked Beans
DESSERT OF THE DAY	Banana Cake	Apple & Fruit of Forest Crumble	Fresh Fruit Salad	Rice Pudding	Lemon Syrup Pudding

