



HAMPSTEAD SCHOOL

Learning together Achieving together

FOOD POLICY

Audience	Parents/Carers, Staff, Governors, Students
Date for review	Spring 2020 <i>(or as necessary)</i>
Name of Person(s) responsible for monitoring	SLT i/c Catering
Agreed by Governing Body	15 May 2018

Introduction

Hampstead School is recognised as a Camden Healthy School and our food policy meets the Camden Healthy School standards.

This underpins the Hampstead School's commitment to the UNCRC Article 24: Every child has the right to the best possible health. The policy covers all food provided and consumed in school including before, during and after school and on school trips and in extra-curricular activities.

Aim

To improve students' health through healthy eating by:

- Improving knowledge and awareness of a healthy diet
- Improving knowledge and skills for cooking healthy meals
- Ensuring that any food we provide is tasty and nutritious and promotes health; at breakfast clubs, afterschool clubs, break, lunch and special events
- Making healthy eating enjoyable
- Providing safe, easily accessible water available
- Promoting healthy eating/healthy food choices and discourage unhealthy eating/unhealthy food choices
- Role modelling healthy eating in front of our students
- Monitoring healthy choices at break and lunch
- Using a range of opportunities to promote healthy eating
- Ensuring consistent messages regarding healthy eating are reinforced throughout the school day including at special events and celebrations

Responsibility:

It is the responsibility of all staff to implement the food policy and to act as role models, demonstrating positive attitudes to healthy eating and developing students' awareness and understanding of how to make healthy food choices.

The Senior Leadership Team (SLT) lead on the development and monitoring of the Food Policy and liaise with midday supervisors, catering manager, Chef and catering assistants to ensure that the food and drinks served, consistently comply with the National School Food Standards (SFS); at breakfast clubs, break, lunch and special events.

The PSHE lead in liaison with the Science Faculty, is responsible for what is taught about healthy eating and the Head of Faculty Art and Design is responsible for the Cooking and Nutrition curriculum.

The lead governor on health and wellbeing ensures the policy is implemented.

Hampstead School Catering staff are responsible for providing high quality food, promoting healthy eating and contributing to a welcoming and positive eating environment.

Whilst we do not routinely monitor packed lunches, unhealthy fizzy drinks and energy drinks are prohibited on site and will be confiscated.

Signed: 
Chair of Governing Body

Date: 15/5/18