



**HAMPSTEAD SCHOOL**

Learning together Achieving together

**Y11 – Y12**

**Summer Bridging Tasks**

**2025**

**HEALTH & SOCIAL CARE**

Name: \_\_\_\_\_

- You should spend some time during the summer holidays working on the activities in this booklet.
- You will be required to hand this work in during your first lesson at the start of Year 12 and the content may be used to form the basis of your first assessments.
- You should try your best and show commitment to your studies.

- We are really looking forward to you coming to Hampstead School Sixth Form and studying Health & Social Care

# Transition Pack for Btec Health and Social Care



## So you are considering Btec Health & Social

This pack contains a programme of activities and resources to prepare you to start a Btec in Health & Social Care in September.

## Useful Websites



social care  
institute for excellence

<http://www.scie.org.uk/atoz/>

**SCIE** is a fantastic resource. It has lots of training videos and resources for health and social care workers on many of the topics you will study in health and social care

# BECOME.

THE CHARITY FOR CHILDREN IN CARE  
AND YOUNG CARE LEAVERS

<https://www.becomecharity.org.uk/about-us/>

**Become** is a young person friendly website looking at the rights of children in care. Explains the key laws very clearly.



choices

<http://www.nhs.uk/pages/home.aspx>

NHS choices brilliant website which covers health related topics.



<http://www.bbc.com/news/uk/health>

The BBC health news page is really good to keep up to date with current health related news; you should look at this at least once a week.



<https://www.nmc.org.uk/standards/code/>

**NMC** is a really important website for you to look at; especially look at the Nurses & Midwives code of conduct



<https://www.basw.co.uk/codeofethics/>

**BASW** website is for anything social work related. Again look at the Social workers code of conduct

## Laws to research

There are a number of important laws which will come up throughout the level 3 Health and Social care course so it would be brilliant if you had some prior knowledge of these.

- **The Equality Act 2010:** This is the most important law we look at on the course. Here are some useful links to help you understand it
  - ❖ <https://www.equalityhumanrights.com/en/equality-act-2010/what-equality-act>
  - ❖ <https://www.gov.uk/government/publications/easy-read-the-equality-act-making-equality-real> (This is an easy read version so good one to look at)
  - ❖ [https://www.youtube.com/watch?v=Uuldq\\_ftQY8](https://www.youtube.com/watch?v=Uuldq_ftQY8) (short video explaining this law)
- **The Care Act 2014.**
  - ❖ [https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment\\_data/file/365345/Making\\_Sure\\_the\\_Care\\_Act\\_Works\\_EASY\\_READ.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/365345/Making_Sure_the_Care_Act_Works_EASY_READ.pdf)
  - ❖ <https://www.peoplefirstinfo.org.uk/money-and-legal/care-act-2014/the-care-act-an-overview/>
  - ❖ [https://www.youtube.com/watch?v=5g6c3geCD\\_k](https://www.youtube.com/watch?v=5g6c3geCD_k) (short video explaining this law)
- **Mental Capacity Act 2005**
  - ❖ <http://www.careengland.org.uk/sites/careengland/files/Mental%20Capacity%20Act%202005%20easy%20read%20guide.pdf>

## Movie / Video Clip Recommendations

<https://www.scie.org.uk/shcialcaretv/> Fantastic selection of videos on topics such as Dignity in Care, Safeguarding Children and Young People and Dementia. These videos are used as part of nurses and social workers training so would be amazing if you watched a few of these.

<http://www.channel4.com/programmes/categories/factual> Channel 4 has several excellent documentaries about health and social care related topics.

<http://documentaryheaven.com> A brilliant website for documentaries on EVERYTHING. You can select the topic you want to find a documentary on and stream it.

